

Dancetrain Lesson Plan

Dancetrain Issue: **MayJun 2020 Various dance images**

Title:	Kinesphere	Suggested Stage/Year:	Stage 3 or 4
Dance Syllabus Area:	Composition	Topics:	Kinesphere – Personal Space
Prior Knowledge:	Students should have understanding spatial patterns and direction	Cross Curricular Links:	Literacy and Maths
Syllabus Outcomes:	DAS3.2 Explores, selects, organises and refines movement using the elements of dance to communicate intent		4.2.1 identifies and explores aspects of the elements of dance in response to a range of stimuli
Teacher Notes	A professional example of the task suggested if seen in Trisha Brown's "Locus" https://vimeo.com/193976934 You may link to view this sample or share with students to give them some guidance		

Content

Introduction

Introduce students to their kinesphere which is our personal space - consider our 4 square meters that we should be staying within at this time – 1x1m Look at all the photos in this issue of Dancetrain and consider which ones would fit in your kinesphere. Chose at least 3 and perform them in an order of your choice, adding transition movements between them that remain in the kinesphere.

Student task

1. Look at the "Kinesphere" image (file at the bottom of this document) - It has a person in a box, with 27 points. Each corresponding to a letter of the alphabet. 27 is a space.
2. You are the dancer in the box. Identify which side of the body(diagram) is the dancer's left and right
3. Choose a word or phrase - no more than 20 characters long.
4. You are going to choreograph a short sequence of movement that spells out the letters in your chosen phrase/word. You can use 27 as a space if you have more than one word.
5. Your movements cannot be simply pointing to the letter in your kinesphere. You need to find interesting ways to move your body parts in the direction or towards the letter points. Use various facings, levels (high, low, medium), action, and consider how you can use your eyeline/focus in the direction of the letter points. To clarify - You are not making the shapes of the letters with your body either.
6. Rehearse your sequence.

7. Video your phrase of movement and share it with your teacher and/or the class.
8. Once your classmates have shared their video, you can guess what their word or phrase is by writing it as a comment/reply on their post.

